

Stress Free Saturdays for D75 Families



In Collaboration with

Bronx Borough President Vanessa L. Gibson

Join Us for A Day of Rejuvenation and Reconnection

Mini Massages
Wellness Drinks
Guided Breathing
Yoga Practice
and more...

December 20, 2025

10am-3pm 1434 Longfellow Avenue Bronx, NY 10459 Prepare Healthy Meals 1 -on-1 Wellness Sessions Healthy Food Giveaways Crafting Raffles

STUDENTS AND FAMILIES ARE WELCOME TO JOIN THE FUN!

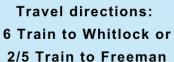
















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BraceLife Fitness

BGI

Lunch will be provided for all who attend.

Metro-cards will be provided to participating students and families.